



Pack Smart. Pack Light.

Pack Smart

Keep three things in mind when you pack:

- Climate of your destination
- Culture of your destination
- Your itinerary

Each trip varies in specifics for packing. You will be receiving a specific packing list from your trip coordinator through weekly training emails. Here are a few basic guidelines for how to dress:

- Modest is hottest! Don't wear anything shocking or revealing
- Comfortable, but not sloppy
- Nothing expensive (including watches and jewelry)
- Washable and quick drying fabrics when possible
- Low maintenance clothes in basic colors

Remember that the way you dress doesn't just make a statement about what you think about yourself; it is also a statement about your view of the country you will be entering, and most importantly, about your view of God. The American dress code is considerably more casual (and immodest) than in most other cultures. You don't want to offend people before you ever open your mouth. Contact your team leaders about what may be appropriate for your specific trip, and remember when in doubt, DON'T.

Pack Light

Pack only what you can carry. You may be trying to catch a connecting flight, train, or bus *with all your belongings*. Pack only what you need. Leave behind everything you can do without!

Remember your baggage limit: Your trip location and airline will determine how many bags (if any) are allowed free of charge. Crossroads, however, only allows ONE checked bag per person for personal items. NO EXCEPTIONS! Stay within the weight and size limit per piece for your airline. You will be charged if your luggage exceeds the weight and/or size limit.

What to leave behind:

- Jewelry
- Hair dryer/curling iron
- Excessive Make-up
- Electronics (except MP3 Player)

Don't forget your carry-on!

Remember: Your luggage may be lost. Please be sure anything that you cannot live without makes it to your carry-on. And remember to follow TSA Security rules!

What to pack:

- Basic Toiletries (3 oz. quart size bag)
- Complete Change of Clothes
- Food/Snacks
- Bible/Pen/Notebook
- Important Medicine
- Cash in small bills